The Righteous Martyr
Anastasius of Persia

January 22

Apolytikion

Intonation: #10
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the
de-mons’ strength-less pre-sump-tion. O Christ God, by his prayers, save our souls, since Thou art mer-ci-ful.

For prayer and psalmody,

as for many other things, every time is suitable;

so that we praise God with psalms and hymns and spiritual songs,

while we move our hands in work, chanting with our tongue

if this is possible and conducive to the edification

of the faith, but if not, then in the heart.

- St. Basil the Great